

Gymnastics Centre 2024-2025 PROGRAM SCHEDULE SOUTHDALE

Southdale Location Sessions:

- 2024 Fall (September 9 December 16, 2024)
- 2025 Winter (January 6 March 30, 2025)
- 2025 Spring (April 7 June 16, 2025)

Classes will not be held on:

- October 6 & 7, 2024 (Thanksgiving)
- October 31, 2024 (Halloween)*Daytime classes still running, no evening classes from 4:00 PM onward
- November 11, 2024 (Remembrance Day)
- February 17, 2025 (Louis Riel Day)
- April 18, 2025 (Good Friday)
- April 20, 2025 (Easter)
- May 19, 2025 (Victoria Day)

MONDAY		Length
9:00	GymKyds Tots (1-3 years)	45 min
10:00	GymKyds Tots (1-3 years)	45 min
11:00	Junior Preschool (2-3 years)	55 min
12:30	Preschool GymKyds (3-5 years)	1 hour
1:30	Gymnastics & Ninja! (3-5 years)	1 hour
4:30	Advanced GymKyds (5 & up)	1.5 hours
5:15	Preschool GymKyds (3-5 years)	1 hour
6:15	GymKyds 1 & 2 (6-12 years)	1 hour
7:15	Advanced GymKyds (8 & up)	1.5 hours



SOUTHDALE

TUESDAY		Length
9:30	Junior Preschool (2-3 years)	55 min
10:30	Gymnastics & Sport! (3-5 years)	1 hour
12:45	Advanced KynderGym (4-5 years)	1 hour
12:45	HomeSchool Gymnastics (5-7 years)	1 hour
1:45	HomeSchool Gymnastics (7 & up)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Preschool GymKyds (3-5 years)	1 hour
6:30	GymKyds 1 & 2 (5-8 years)	1 hour
7:30	GymKyds 1 & 2 (6-12 years)	1 hour

WEDNESD	AY	Length
9:00	Junior Preschool (2-3 years)	55 min
10:00	Advanced KynderGym (4-5 years)	1 hour
11:00	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour
12:30	Gymnastics & Ninja! (3-5 years)	1 hour
1:30	Preschool GymKyds (3-5 years)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Advanced GymKyds (5 & up)	1.5 hours
7:00	GymKyds 1 & 2 (6-12 years)	1 hour
8:00	GymKyds Tumblers (8 & up)	1 hour

THURSDA	Y	Length
9:30	Preschool GymKyds (3-5 years)	1 hour
10:30	Gymnastics & Sport! (3-5 years)	1 hour
11:30	Junior Preschool (2-3 years)	55 min
1:00	Advanced KynderGym (4-5 years)	1 hour
2:00	Gymnastics & Sport! (3-5 years)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Preschool GymKyds (3-5 years)	1 hour
6:30	Advanced KynderGym (4-5 years)	1 hour
7:30	GymKyds 1 & 2 (6-12 years)	1 hour

FRIDAY		Length
9:30	Preschool GymKyds (3-5 years)	1 hour
10:30	GymKyds Tots (1-3 years)	45 min
11:15	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour

SATURDA	Y	Length
8:30	Junior Preschool (2-3 years)	55 min
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour
1:30	GymKyds 1 & 2 (6-12 years)	1 hour
2:30	Advanced GymKyds (5 & up)	1.5 hours
4:00	Boys Gymnastics (4-9 years)	1 hour

SUNDAY		Length
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour
1:30	Preschool GymKyds (3-5 years)	1 hour
2:30	GymKyds 1 & 2 (5-8 years)	1 hour

PRICING - Southdale (421 Beaverhill Blvd)

*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

Fall Session 2024	45 minute class	\$280 + GST = \$294.00
(Sept 9 - Dec 16, 2024)	55 minute or 1 hour class	\$295 + GST = \$309.75
	1.5 hour class	\$410 + GST = \$430.50
	2 hour class	\$460 + GST = \$483.00

Winter Session 2025	45 minute class	\$265 + GST = \$278.25
(Jan 6 - Mar 30, 2025)	55 minute or 1 hour class	\$285 + GST = \$299.25
+\$10 photo fee	1.5 hour class	\$375 + GST = \$393.75
	2 hour class	\$430 + GST = \$451.50

Spring Session 2025	45 minute class	\$255 + GST = \$267.75
(Apr 7 - June 16, 2025)	55 minute or 1 hour class	\$275 + GST = \$288.75
	1.5 hour class	\$360 + GST = \$378.00
	2 hour class	\$420 + GST = \$441.00



Gymnastics Centre 2024-2025 PROGRAM SCHEDULE ST JAMES

St. James Location Sessions:

- 2024 Fall (September 25 Nov 27, 2024)
- 2025 Winter (January 15- March 19, 2025)
- 2025 Spring (April 16 June 18, 2025)

WEDNES	DAYS	Length
2:00	Preschool GymKyds (3-5 years)	1 hour
3:00	HomeSchool Gymnastics (5 & up)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:45	Preschool GymKyds (3-5 years)	1 hour
7:00	GymKyds 1 & 2 (6-12 years)	1 hour

PRICING - St. James (195 Collegiate St.)

*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

Fall Session 2024 (Sept 25 - Nov 27, 2024)	1 hour class	\$200 + GST = \$210.00
Winter Session 2025 (Jan 15-Mar 19, 2025)	1 hour class	\$200 + GST = \$210.00
Spring Session 2025 (Apr 16-June 18, 2025)	1 hour class	\$200 + GST = \$210.00