



2022-2023 PROGRAM SCHEDULE

Southdale Location Sessions:

- 2022 Fall (September 11 - December 19, 2022)
- 2023 Winter (January 9 - March 26, 2023)
- 2023 Spring (April 3 - June 19, 2023)

MONDAY		Length
9:00	GymKyds Tots (1-3 years)	45 min
10:00	GymKyds Tots (1-3 years)	45 min
11:00	Junior Preschool (2-3 years)	55 min
12:30	Preschool GymKyds (3-5 years)	1 hour
1:30	Gymnastics & Ninja! (3-5 years)	1 hour
4:30	Advanced GymKyds (5 & up)	1.5 hours
5:15	Preschool GymKyds (3-5 years)	1 hour
6:15	GymKyds 1 & 2 (6-12 years)	1 hour
7:15	Advanced GymKyds (8 & up)	1.5 hours

TUESDAY		Length
9:30	Junior Preschool (2-3 years)	55 min
10:30	Gymnastics & Sport! (3-5 years)	1 hour
12:45	Advanced KynderGym (4-5 years)	1 hour
12:45	Home School Gymnastics (5-7 years)	1 hour
1:45	Home School Gymnastics (7 & up)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Preschool GymKyds (3-5 years)	1 hour
6:30	GymKyds 1 & 2 (5-8 years)	1 hour
7:30	GymKyds 1 & 2 (6-12 years)	1 hour



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WEDNESDAY		Length
9:00	Junior Preschool (2-3 years)	55 min
10:00	Advanced KynderGym (4-5 years)	1 hour
11:00	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour
12:30	Gymnastics & Ninja! (3-5 years)	1 hour
1:30	Preschool GymKyds (3-5 years)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Advanced GymKyds (5 & up)	1.5 hours
7:00	GymKyds 1 & 2 (6-12 years)	1 hour

THURSDAY		Length
9:30	Preschool GymKyds (3-5 years)	1 hour
10:30	Gymnastics & Sport! (3-5 years)	1 hour
11:30	Junior Preschool (2-3 years)	55 min
1:00	Advanced KynderGym (4-5 years)	1 hour
2:00	Gymnastics & Sport! (3-5 years)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:30	Preschool GymKyds (3-5 years)	1 hour
6:30	Advanced KynderGym (4-5 years)	1 hour
7:30	GymKyds 1 & 2 (6-12 years)	1 hour

FRIDAY		Length
9:30	Preschool GymKyds (3-5years)	1 hour
10:30	GymKyds Tots (1-3 years)	45 min
11:15	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour
1:30	Open Gym (5 & under playtime)	1.5 hours
4:30	Advanced GymKyds (5 & up)	2 hours
6:00	Elites Team (6-8 years)	2 hours
6:00	Elites Team (8 & up)	2 hours

SATURDAY		Length
8:30	Junior Preschool (2-3 years)	55 min
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour
1:30	GymKyds 1 & 2 (6-12 years)	1 hour
2:30	Advanced GymKyds (5 & up)	1.5 hours
4:00	Boys Gymnastics (4-9 years)	1 hour

SUNDAY		Length
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour
1:30	Preschool GymKyds (3-5 years)	1 hour
2:30	GymKyds 1 & 2 (5-8 years)	1 hour



2022-2023 PROGRAM SCHEDULE

PRICING - Southdale (421 Beaverhill Blvd)

*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

Fall Session 2022	45 minute class	\$250 + GST = \$262.50
(Sept 11 - Dec 19, 2022)	55 minute or 1 hour class	\$265 + GST = \$278.50
	1.5 hour class	\$360 + GST = \$383.00
	2 hour class	\$410 + GST = \$430.50

Winter Session 2023	45 minute class	\$236 + GST = \$247.80
(Jan 9 - Mar 26, 2023)	55 minute or 1 hour class	\$251 + GST = \$263.55
+\$10 photo fee	1.5 hour class	\$331 + GST = \$347.55
	2 hour class	\$381 + GST = \$400.05

Spring Session 2023	45 minute class	\$236 + GST = \$247.80
(Apr 10 - June 26, 2023)	55 minute or 1 hour class	\$251 + GST = \$263.55
	1.5 hour class	\$331 + GST = \$347.55
	2 hour class	\$381 + GST = \$400.05



2022-2023 PROGRAM SCHEDULE

St. James Location Sessions:

- 2022 Fall (September 28 - Nov 30, 2022)
- 2023 Winter (January 18- March 22, 2023)
- 2023 Spring (April 19 - June 21, 2023)

WEDNESDAYS		Length
1:45	Preschool GymKyds (3-5 years)	45 min
3:00	Home School Gymnastics (5 & up)	1 hour
4:30	GymKyds 1 & 2 (5-8 years)	1 hour
5:45	Preschool GymKyds (3-5 years)	1 hour
7:00	GymKyds 1 & 2 (6-12 years)	1 hour

PRICING - St. James (195 Collegiate St.)

*Please add a \$35 registration fee per child for your first session of the season. Registration fees last from September-August.

Fall Session 2021 (Sept 28 - Nov 30, 2022)	1 hour class	\$165 + GST = \$173.25
Winter Session 2023 (Jan 18-Mar 22, 2022)	1 hour class	\$165 + GST = \$173.25
Spring Session 2023 (Apr 19-June 21, 2022)	1 hour class	\$165 + GST = \$173.25