

**MONDAY**

Time	Class	Length
9:00	Seniors Fitness Light (55+)	45 min
10:00	GymKyds Tots (1-3 years)	45 min
11:00	Junior Preschool (2-3 years)	55 min
12:30	Preschool GymKyds (3-5 years)	1 hour
1:30	Gymnastics & Cheer! (3-5 years)	1 hour
4:45	Advanced GymKyds (5 & up)	1.5 hours
5:15	Preschool GymKyds (3-5 years)	1 hour
6:30	GymKyds 1 & 2 (6-12 years)	1 hour
7:30	Advanced GymKyds (5 & up)	1.5 hours

**TUESDAY**

Time	Class	Length
9:30	Junior Preschool (2-3 years)	55 min
10:30	Gymnastics & Sport! (3-5 years)	1 hour
12:45	Advanced KynderGym (4-5 years)	1 hour
12:45	Home School Gymnastics (5-7 years)	1 hour
1:45	Home School Gymnastics (7 & up)	1 hour
4:45	GymKyds 1 & 2 (5-8 years)	1 hour
5:45	Preschool GymKyds (3-5 years)	1 hour
6:45	GymKyds 1 & 2 (5-8 years)	1 hour
7:45	GymKyds 1 & 2 (6-12 years)	1 hour



## 2020-2021 PROGRAM SCHEDULE

### WEDNESDAY

Time	Class	Length
9:00	Seniors Fitness Moderate (55+)	45 min
10:00	Advanced KynderGym (4-5 years)	1 hour
11:00	Gymnastics & Sport (3-5 years)	1 hour
12:45	Gymnastics & Cheer! (3-5 years)	1 hour
1:45	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour
4:45	GymKyds 1 & 2 (5-8 years)	1 hour
5:45	Advanced GymKyds (5 & up)	1.5 hours
7:15	GymKyds 1 & 2 (6-12 years)	1 hour
8:15	Teen & Adult Fitness	45 min

### THURSDAY

Time	Class	Length
9:30	Preschool GymKyds (3-5years)	1 hour
10:30	Gymnastics & Sport! (3-5 years)	1 hour
11:30	Junior Preschool (2-3 years)	55 min
1:00	Advanced KynderGym (4-5 years)	1 hour
2:00	Gymnastics & Sport! (3-5 years)	1 hour
4:45	GymKyds 1 & 2 (5-8 years)	1 hour
5:45	Preschool GymKyds (3-5 years)	1 hour
6:45	Advanced KynderGym (4-5 years)	1 hour
7:45	GymKyds 1 & 2 (6-12 years)	1 hour



## 2020-2021 PROGRAM SCHEDULE

### FRIDAY

Time	Class	Length
9:30	Preschool GymKyds (3-5years)	1 hour
10:30	GymKyds Tots (1-3 years)	45 min
11:15	Steppin' In Tyme: Gymnastics & Dance (3-5 years)	1 hour
1:30	Open Gym (5 & under playtime)	1.5 hours
4:45	Advanced GymKyds (5 & up)	2 hours
5:45	Performance Team (6-8 years)	1.5 hours
7:15	Performance Team (8 & up)	1.5 hours

### SATURDAY

Time	Class	Length
8:30	Junior Preschool (2-3 years)	55 min
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour
1:30	GymKyds 1 & 2 (6-12 years)	1 hour
2:30	Advanced GymKyds (5 & up)	1.5 hours
4:00	Boys Gymnastics (4-9 years)	1 hour



## 2020-2021 PROGRAM SCHEDULE

### SUNDAY

Time	Class	Length
9:30	GymKyds Tots (1-3 years)	45 min
10:30	Junior Preschool (2-3 years)	55 min
11:30	Preschool GymKyds (3-5 years)	1 hour
12:30	GymKyds 1 & 2 (5-8 years)	1 hour